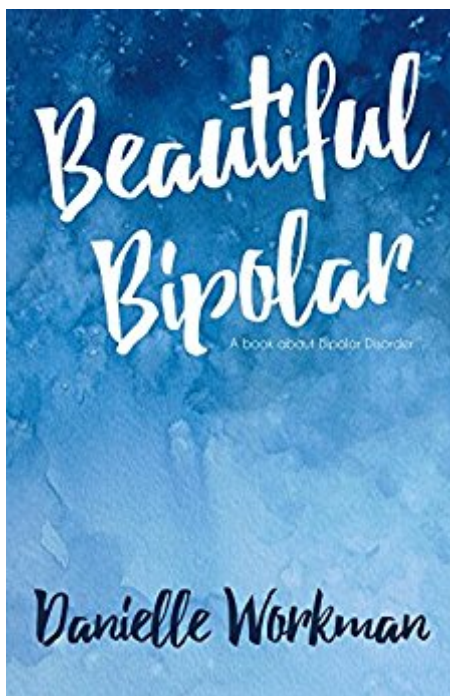


The book was found

Beautiful Bipolar: A Book About Bipolar Disorder



Synopsis

â œl was Bipolar. I AM Bipolar.â • Danielle Workman, a once blogger turned author, was faced with what she deemed terminal in her ill mind; a diagnosis of Bipolar Disorder. In this book she details her adventures and her experiences with this mental illness, including the bouts of mania, depression and her current thoughts on living life with it. This is a raw and real collection of truths about Bipolar Disorder, and is a beautiful tell-all novel.

Book Information

File Size: 570 KB

Print Length: 67 pages

Publication Date: July 13, 2017

Sold by:Â Digital Services LLC

Language: English

ASIN: B073XPS1TC

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #156,796 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #105

inÂ Books > Health, Fitness & Dieting > Mental Health > Bipolar #209 inÂ Kindle Store > Kindle

eBooks > Literature & Fiction > Essays & Correspondence > Essays #351 inÂ Kindle Store >

Kindle Short Reads > Two hours or more (65-100 pages) > Self-Help

Customer Reviews

This is a story that needs to be told. Mental health issues require a level of authenticity that is often not found in other areas. For too long people have been afraid to tell this story in the way it should be told... Until now. Beautiful Bipolar is that story that needs to be told. This is a chain breaking, wall busting, stigma destroying tale and the best part is that it's told by someone who is actually on this journey. I highly recommend this book.

I read this book in one sitting. I couldn't put it down! It was heartbreaking and uplifting. It was so raw and so real and so eye opening. Even when it was hard to read because my heart hurt for Dani I

was impressed by the writing. I could feel her pain, I struggled with her and i could feel the sun on her beautiful face! The world can learn from you Dani and should rejoice in your voice. Thank you for sharing your journey, thank you for sharing your gift and thank you for persevering! P.S. normal is a myth and a fiery smart-ass is good for the soul. So proud of you.

This book was a peak into someone who lives with bipolar. It is heartbreaking and inspiring all at the same time.

I just finished the book and I feel so privileged to have it in my hands. Thank you for letting us peak into your life and thank you for sharing your thoughts with us.I loved it!

Dani writes a compelling and informative story describing her journey to being diagnosed as bipolar. It gave me some insight into how people act or react to others with this condition. I hope she continues to write and share. Her bravery in sharing helps us all to better understand mental illness and how we can all work together to reduce the misconceptions surrounding mental illness.

The author shares her experiences with Bipolar disorder from the beginning, as a teenager/young woman.From her perspective, you'll read of the good times and the brilliance of happy days, as well as the crushing dark low days. And you'll read of daily struggles and experiences, good and bad.The author has a way of telling her story that just reels you in and makes you want to read more.I enjoyed reading this book!

Dani Workman has in a single story given us a brief but poignant glimpse into a young life where the struggle of bipolar depression molds her into the woman she is today. Through perseverance and knowledge, she shows the reader that dealing with mental illness can be painful but also it can be survived and happiness can still be achievable... Through support of self from loved ones and research into knowing how this illness may affect you. I HIGHLY recommend this book for anyone who needs an insight into bipolar disorder and how to cope.

I have to say this is a great book I enjoyed reading this book it was easy reading and explained how one feels about being diagnosed with bipolar and I felt like I was there and feeling how it must feel to have that condition it really helps me look at how my child must have felt because he was diagnosed with this also thank your for such a great read and letting me into your life it's been

wonderful to know you and your family love you Dani

[Download to continue reading...](#)

Survival Strategies for Parenting Children with Bipolar Disorder: Innovative Parenting and Counseling Techniques for Helping Children with Bipolar Disorder and the Conditions that May Occur with It Beautiful Bipolar: A Book About Bipolar Disorder Not Just Up and Down: Understanding Mood in Bipolar Disorder (The Bipolar Expert Series Book 1) Bipolar Happens! 35 Tips and Tricks to Manage Bipolar Disorder Break the Bipolar Cycle: A Day-by-Day Guide to Living with Bipolar Disorder Two Bipolar Chicks Guide To Survival: Tips for Living with Bipolar Disorder Mindfulness for Bipolar Disorder: How Mindfulness and Neuroscience Can Help You Manage Your Bipolar Symptoms Why Am I Still Depressed? Recognizing and Managing the Ups and Downs of Bipolar II and Soft Bipolar Disorder (NTC Self-Help) Back to Normal: Why Ordinary Childhood Behavior Is Mistaken for ADHD, Bipolar Disorder, and Autism Spectrum Disorder Bipolar Disorder: A Guide for Patients and Families (A Johns Hopkins Press Health Book) Disruptive Mood Dysregulation Disorder (DMDD), ADHD and the Bipolar Child Under DSM-5: A Concise Guide for Parents and Professionals Take Charge of Bipolar Disorder: A 4-Step Plan for You and Your Loved Ones to Manage the Illness and Create Lasting Stability The Bipolar II Disorder Workbook: Managing Recurring Depression, Hypomania, and Anxiety The Bipolar Disorder Survival Guide, Second Edition: What You and Your Family Need to Know Loving Someone with Bipolar Disorder: Understanding and Helping Your Partner (The New Harbinger Loving Someone Series) Bipolar Disorder, My Biggest Competitor: An Olympian's Journey with Mental Illness The Bipolar Child: The Definitive and Reassuring Guide to Childhood's Most Misunderstood Disorder, Third Edition Under My Helmet: A Football Player's Lifelong Battle with Bipolar Disorder The Dialectical Behavior Therapy Skills Workbook for Bipolar Disorder: Using DBT to Regain Control of Your Emotions and Your Life (New Harbinger Self-Help Workbook) Bipolar Disorder For Dummies

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)